



To educate and empower members of **Impact Denver** to be advocates for high-quality early care and education, Qualistar Colorado is proud to provide you with special access to *The Raising of America Series*, which is a five-part documentary series that explores the question: Why are so many children in America faring so poorly? What are the consequences for the nation's future? How might we, as a nation, do better? The series investigates these questions through different lenses: What does science tell us about the enduring importance of early life experiences on the brain and body? What it is like to be a parent today? And what policies and structures help or hinder the raising of healthy, happy and compassionate children?

### **EPISODE 1: THE RAISING OF AMERICA**

**The Signature Hour (58 minutes)**

Link: <https://vimeo.com/187206927/2ec8b817e7>

Password: TheRaisingofAmerica2016



so many children faring so poorly in the richest nation on the planet? How might we do better?

The Signature Hour interweaves discoveries from neuroscience with the stories of families and communities struggling to provide the nurturing environments all babies and young children need to thrive—while too often hindered by social conditions that put their children on low developmental paths. It reveals how stressors on parents can drip down on their infants and young children, literally altering the wiring of their developing brains with enduring effects. Why are

### **EPISODE 2: ONCE UPON A TIME**

**When Childcare for All Wasn't Just a Fairy Tale (32 minutes)**

Link: <https://vimeo.com/187207571/8af3485566>

Password: TheRaisingofAmerica2016



Imagine how things might be different today if high-quality early care and education had been available to every family that wanted it for the past four decades. It almost happened!

### **EPISODE 3: ARE WE CRAZY ABOUT OUR KIDS? (32 minutes)**

Link: <https://vimeo.com/187212072/516e638379>

Password: TheRaisingofAmerica2016



Studies show that investing in high-quality early care and education pays for itself in many ways and many times over. So, why aren't we investing?

### **EPISODE 4: WOUNDED PLACES**

**Confronting Childhood PTSD in America's Shell-Shocked Cities (42 minutes)**

Link: <https://vimeo.com/187215426/67844f0190>

Password: TheRaisingofAmerica2016



Too many of our children, especially children of color living in neighborhoods of concentrated poverty, have endured trauma and show symptoms that look very much like PTSD—except there is no post. How might they and their neighborhoods heal?

### **EPISODE 5: DNA IS NOT DESTINY**

**How the Outside Gets Under the Skin (35 minutes)**

Link: <https://vimeo.com/187217863/e7a8ed3eff>

Password: TheRaisingofAmerica2016



Discoveries in the exciting new field of epigenetics suggest that fetal and early child environments literally become part of us. They alter not our genes but the epigenetic volume controls which switch genes on and off—with enduring consequences for behaviors and mental and physical health.